

ESSENTIALS FOR LIFE

Essentials for Life is the ultimate 6-in-1 complete nutritional supplement system that addresses core daily nutritional supplementation needs with vitamins, minerals, antioxidants, flora and enzymes.

FEATURES

- Proprietary whole-food vitamin and antioxidant blend
- Includes both proprietary digestive enzyme and probiotic blends
- 100% vegetarian formula
- Includes a custom-formulated Chelate Activated Enzyme Delivery System (CAeDS®) for optimal absorption
- Free of lactose, gluten, MSG, salt, sugar, artificial colors, flavors, sweeteners, chemical preservatives, additives and fillers

“Essentials for Life is great! My husband and I both take it, and even my mom has started taking it. We’ve all really noticed a difference in our overall energy, and I haven’t had a cold in over a year!”

- Michelle D.



WHAT ESSENTIALS FOR LIFE PROVIDES

Essentials for Life provides a 100% whole-food nutritional foundation to support overall health and energy. Daily exposure to stress, a poor diet, alcohol, smoking, and other factors can deplete the body’s store of vitamins, minerals, enzymes, and friendly flora. Essentials for Life helps rebuild these essential components of good health, creating a nutritional baseline for more targeted supplementation while aiding with digestion, metabolism, and supplementing nutrients missing from modern diets.

BENEFITS

- Increased energy and overall health
- Mineral replenishment
- Promotes stronger bones, healthy hair, skin and nails
- Muscle maintenance
- Added protection from free radical damage
- Digestion support
- Beneficial intestinal bacteria to strengthen immune system
- Increased ability to make lean muscle and burn fat
- Healthy insulin function and blood sugar levels
- Minimizes mood swings
- Reduced food cravings

INGREDIENTS

Essentials for Life combines six different Vollara nutritionals into one amazing system:

- **Re:Gain:** Whole food multi-vitamins replenish essential nutrients
- **Re:Claim:** Patented chelated minerals for maximum absorption, better energy and more stamina
- **Re:Absorb:** Vital digestive enzymes necessary for proper digestion and nutrient utilization
- **Re:Inforce:** Potent antioxidants protect against free radicals
- **Re:Balance:** Billions of stabilized probiotics help suppress harmful bacteria while promoting digestive health
- **Re:Lease:** Specific enzymes for metabolizing fat and supporting healthy blood sugar levels



GREAT FOR PEOPLE WHO

- Eat cooked or processed foods
- Experience low energy levels
- Don't eat 5 daily servings of fruits and vegetables
- Drink carbonated beverages, alcohol and tea/coffee
- Have difficulty losing weight
- Frequently feel stressed



OTHER VOLLARA PRODUCTS YOU MAY ALSO LIKE:



HEALTHYSLIPS

Dissolvable CBD strips provide your body quick, precise dose of broad-spectrum, nutrition-rich hemp oil.



RE:VIVE

Our on-the-go energy supplement significantly boosts energy, elevates mental focus and supports your health without the unwanted side effects found with most energy boosters.



KETONEZONE

100% pure D-BHB (Beta Hydroxy butyrate, the natural form of ketones) helps you achieve nutritional ketosis for increased energy, weight management and boosted metabolism.



FRESHAIR FOCUS

The FreshAir Focus Air Purifier helps remove odors in poorly ventilated areas where smells accumulate such as near trash cans, pet beds and bathrooms.



READY TO ORDER AN ESSENTIALS FOR LIFE?

Contact your Vollara Associate, or if you don't have a Vollara Associate, contact Vollara Customer Service at 800.989.2299 or visit us online at www.vollara.com.

ESSENTIALS FOR LIFE

SUPPLEMENT FACTS

Serving Size 3 Capsules

Servings Per Container 56

	Amount Per Serving	% DV*		Amount Per Serving	% DV*
Vitamin A (as Beta-Carotene, Alpha-Carotene, Zeaxanthin, Cryptoxanthin, Lutein)	240 mcg	27%	Calcium (as calcium bisglycinate chelate buffered - calcium carbonate)**	80 mg	6%
Vitamin C (as Acerola fruit extract)	30 mg	33%	Iron (as ferrous bisglycinate chelate)(**Ferrochel™)	1.2 mg	7%
Vitamin D [as cholecalciferol (D ₃)]	30 mcg (1,200 IU)	150%	Iodine (as potassium iodide)	75 mcg	50%
Vitamin E (as natural mixed tocopherols with tocotrienols)	10 mg	67%	Magnesium (as magnesium bisglycinate chelate buffered - magnesium bisglycinate chelate, magnesium oxide)**	40 mg	10%
Thiamin (as thiamin HCl)	0.7 mg	58%	Zinc (as zinc bisglycinate chelate)**	5 mg	45%
Riboflavin	0.8 mg	62%	Selenium (as selenium glycinate)**	8 mcg	15%
Niacin (as niacinamide)	9.5 mg	59%	Copper (as copper bisglycinate chelate)**	0.6 mg	67%
Vitamin B ₆ (as pyridoxal-5-phosphate)	1 mg	59%	Manganese (as manganese bisglycinate chelate)**	0.4 mg	17%
Folate (as Calcium L-5 Methyltetrahydrofolate)	335 mcg DFE	84%	Chromium (as chromium nicotinate glycinate chelate)**	105 mcg	300%
Vitamin B ₁₂ (as methylcobalamin)	3 mcg	125%	Molybdenum (as molybdenum glycinate chelate)**	8 mcg	18%
Biotin (as D-Biotin)	150 mcg	500%			
Pantothenic acid (as D-calcium pantothenate)	5.5 mg	110%			

	Amount Per Serving	% DV*
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Fruit and Vegetable Blend:

398 mg

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Acerola fruit extract, garlic, kelp, rutin, broccoli, brussel sprouts, cabbage, spinach leaf, beet root, pomegranate fruit extract, chlorella algae, cranberry extract, Jerusalem artichoke root inulin, quercetin dihydrate, alfalfa leaf, blueberry fruit, carrot root, ginger root, grape seed extract, green pepper fruit, olive leaf extract, raspberry juice powder, shiitake mushroom extract, spirulina, sweet potato tuber, turmeric root extract, olive fruit extract, pine bark extract, resveratrol (from Polygonum cuspidatum root extract)

Digestive Enzyme Blend:

210 mg

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Acid protease, fungal protease, glucoamylase, invertase, malt diastase, lactase, cellulase, lipase, fungal amylase, peptidase

Multi Strain Probiotic Blend: (3 Billion CFU †)

<i>Lactobacillus acidophilus</i> (LA02)	1.26 Billion CFU	*
<i>Bifidobacterium breve</i> (BR-03)	.63 Billion CFU	*
<i>Lactobacillus rhamnosus</i> (LR-05)	.504 Billion CFU	*
<i>Bifidobacterium lactis</i> (BS01)	.24 Billion CFU	*
<i>Streptococcus thermophilus</i> (Y08)	.24 Billion CFU	*
<i>Lactobacillus paracasei</i> (LPC-00)	.063 Billion CFU	*
<i>Lactobacillus plantarum</i> (LP-01)	.0252 Billion CFU	*
<i>Bifidobacterium bifidum</i> (BB-01)	.0126 Billion CFU	*
<i>Bifidobacterium longum</i> (BL-03)	.0126 Billion CFU	*
<i>Bifidobacterium adolescentis</i> (BA-02)	.0126 Billion CFU	*
Inulin (as chicory)	120 mg	*
Boron (as bororganic glycine)**	100 mcg	*
Vanadium (as vanadium glycinate chelate)**	7.5 mcg	*
Vitamin K ₂ (as menaquinone-7)	30 mcg	*

† At time of manufacture • *Daily value (DV) not established • **Albion™ and **Ferrochel™ are trademarks of Albion Laboratories, Inc.

Other ingredients: Hypromellose, vegetable stearic acid, ascorbic acid, rice flour, and silica.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: California Residents Proposition 65